

HARNESS YOUR POWER!

Veterans Expeditions with Outward Bound helps thousands of returning service members and recent veterans adjust to life at home.

WHAT TO EXPECT

- ✤ Professional Development skills that help participants in transitioning into a civilian career.
- \oplus Build a supportive community with other war veterans.
- ✤ Be inspired, rediscover strengths and find new ways to contribute to society.
- ⊕ 6 days of canoeing and 1 day of whitewater rafting on level 3
 & 4 rapids
- ✤ Develop skills that will assist in adjusting to civilian life.

Powerful wilderness courses draw on the healing benefit of teamwork and challenge through use of the natural world.

COURSE INFORMATION:

- Course Dates: April 14-20, 2019
- ✤ Length: 7 days
- ✤ Cost: \$0 | Expeditions are FULLY-FUNDED

"As a veteran with many challenges, I will leave here today a more strong minded individual." -Outward Bound Veteran Alumn

GET STARTED

- I. Inquire online at http://www.outwardbound.org/veteran-adventures/outward-bound-for-veterans/
- 2. We will contact you and send you an application and information packet.
- 3. For more information or to speak to someone about these courses, call us at 215-232-9130.

