



PHILADELPHIA  
OUTWARD BOUND SCHOOL

VETERANS  
EXPEDITIONS

# VETERANS expeditions

## HARNESS YOUR POWER!

Veterans Expeditions with Outward Bound helps thousands of returning service members and recent veterans adjust to life at home.

### WHAT TO EXPECT

- ⊕ Professional Development skills that help participants in transitioning into a civilian career.
- ⊕ Build a supportive community with other war veterans.
- ⊕ Be inspired, rediscover strengths and find new ways to contribute to society.
- ⊕ 4 days of canoeing and 1 day of whitewater rafting on level 3 & 4 rapids
- ⊕ Develop skills that will assist in adjusting to civilian life.

Powerful wilderness courses draw on the healing benefit of teamwork and challenge through use of the natural world.

### COURSE INFORMATION:

- ⊕ Ages: 18+
- ⊕ Length: 5 days
- ⊕ Course Dates: April 13-17, 2024
- ⊕ Cost: \$0 | Expeditions are FULLY-FUNDED

*"As a veteran with many challenges, I will leave here today a more strong minded individual."*

*-Outward Bound Veteran Alumn*

## GET STARTED



1. For more information see [pobs.org/vets](https://pobs.org/vets) or contact Sam Barnhart at [sbarnhart@pobs.org](mailto:sbarnhart@pobs.org)
2. We will contact you and send you an information packet.

