



PHILADELPHIA  
OUTWARD BOUND SCHOOL

# VETERANS

## Team Building Programs

### VETERANS +I DAY ON THE CHALLENGE COURSE!

This is a day where we are encouraging our local veterans to bring a plus one. This can be a family member, a friend, or another veteran (you do not need to have served to attend this day). POBS will be providing lunch and showcasing our Aerial Team Course as our signature activity for the day.

#### WHAT TO EXPECT

- ⊕ Reconnect to a supportive “unit” composed of other veterans.
- ⊕ Find affirmation and resonance with others.
- ⊕ Develop skills that will assist in adjusting to civilian life.
- ⊕ Be inspired, rediscover strengths, and rebuild confidence.
- ⊕ 1-day of Aerial Teams Challenge course activities and team building initiatives.

#### Outward Bound Values

Compassion  
Integrity  
Excellence  
Diversity and Inclusion

#### Program Design Principles

Learning Through Experience  
Challenge and Adventure  
Supportive Environment

*“As a veteran with many challenges, I will leave here today a more strong-minded individual.”*

*-Outward Bound Veteran Alum*

### PROGRAM INFORMATION

**DATE:** Saturday, October 19, 2024

**REGISTRATION:** *Must register to participate.*

**TIME:** 9:30 AM - 2:45 PM. Lunch provided!

Use QR code or [pobs.org/vets](https://pobs.org/vets)

**LOCATION:** The Discovery Center  
3401 Reservoir Dr.  
Philadelphia, PA 19121

**CONTACT:** Sam Barnhart 410.446.7909  
[sbarnhart@pobs.org](mailto:sbarnhart@pobs.org)

